

臨 床 経 験

葛根湯が有用であった外傷および 術後違和感の臨床的検討

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要旨：外傷や手術後、長期にわたり違和感を訴える患者を臨床現場では経験することがある。これらの症例は、日常生活上で重篤な弊害を認めない場合、積極的な加療が行われなかったり、有効な薬物が見つからないことがある。

一方、葛根湯 (TJ-1) は肩こりや上半身の神経痛などの治療に用いられることが多く、疼痛コントロールに有効との報告は認めるが、違和感に対する使用報告例は、我々が渉猟し得た範囲では認めなかった。

今回、外傷や手術後、数ヵ月～数年の間慢性的違和感を抱え改善を認めなかった症例に対し、葛根湯を投与した。

外傷症例は全てが治癒状態になった。しかし、術後症例では1例が高度改善で、もう1例は治癒状態であった。

この結果より、葛根湯が外傷および術後の違和感には効果を有すると考えた。

索引用語：葛根湯、違和感、外傷、手術

PAIN AND KAMPO MEDICINE Vol.21 (2011)

Clinical investigations in patients treated with kakkonto on the malaise caused by the injuries or the surgeries.

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Abstract: Many patients are suffered from the malaise induced by the injuries or the surgeries. In these cases, they are not done a positive medical treatment when a serious evil in daily life is not admitted. Further, there is a case that an effective medicine might not be found. On the other hand, kakkonto (TJ-1) can commonly relieve stiffness in the shoulders and neuralgia in the upper body, and several studies have reported that kakkonto can effectively reduce the pain. However, no studies have reported about the effect of kakkonto on malaise.

In this study, we prescribed kakkonto in patients who had been affected by injury- or surgery-related chronic malaise for a period ranging from several months to several years.

All the patients who experienced malaise due to the injuries exhibited complete improvement after kakkonto therapy. In the 2 patients who experienced malaise after the surgeries, one patient showed complete healing, while the other was fairly improved.

Our results suggested that kakkonto should be effective for the malaise caused by the injuries or the surgeries.

Key words: kakkonto, malaise, injuries, surgeries

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