

臨 床 経 験

柴朴湯が奏効した胸背部痛の1症例

大沼哲朗* 中尾康尚* 朝田智紀*

要旨：器質的原因が明らかでなく心因性と考えられる胸背部痛に対して、半夏厚朴湯で効果を認め、柴朴湯でさらに症状が安定した症例を報告する。症例は37歳、男性。胸背部痛があり他院にて検査・加療されるも改善せず当院受診した。半夏厚朴湯を開始1ヵ月後、疼痛軽減するもすっきりしないため柴朴湯に変更したところ、疼痛がなくなり経過良好となった。発作的に生じる胸痛は、恐怖感を抱かせ強い不安を生じる。このような症例に対しては、半夏厚朴湯より抗不安作用の強い柴朴湯が奏効するものと考えられる。

索引用語：胸背部痛, 半夏厚朴湯, 柴朴湯

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Successful treatment with saibokuto on chest and back pain

Tetsurou Ohnuma*, Yasuhisa Nakao* and Tomonori Asada*

Abstract: I reported the case that the untreatable chest and back pain was relieved by the treatment with kampo medicines. The patient is 37 year-old male with chest and back pain. Although he visited several hospitals and examined, the cause of pain was unclear. Any medication did not worked for his pain. When hangekobokuto was administrated, his pain was reduced after one month, but he complained of persistent pain. Then the prescription was changed to saibokuto. One month later the chest and back pain was reduced, and he is free from his pain.

It is suggested that saibokuto was more effective than hangekobokuto in relieving his symptoms, when he was worried about them.

Key words: chest and back pain, hangekobokuto, saibokuto

* Department of Anesthesiology, Narita Memorial Hospital

Offprint requests to: Tetsurou Ohnuma, Department of Anesthesiology, Narita Memorial Hospital.

78 Shirakawa-cho, Toyohashi-city, Aichi 441-8021, Japan