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頻回手術後の多愁訴に対して 漢方治療が有効であった1症例

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要旨：疼痛や頻回に及ぶ外科手術のように身体的、精神的な適応能力をはるかに越えるようなストレスは、過度の緊張状態に陥らせ、疲弊させてしまう。西洋医学的診断では身体的疾患による精神の安定を失った神経症と考え、自律神経と内分泌不調をきたしたものとされ、治療には抗不安剤や抗鬱剤が使用されるが必ずしも有効ではない症例が存在する。精神の安定を失った神経症と診断され自律神経と内分泌不調をきたした症例に対し『心肝火旺の状態が慢性化し瘀血を伴った状態』と捕らえることで、東洋医学的な診断と治療が有効であった1例を経験し、随証治療の有用性を再認識した。

索引用語：三黄瀉心湯、桃核承気湯、随証治療

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A case of painful symptom after the repeated operations treated with the combination of san'oshashinto and tokakujokito

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Abstract: The stress that occurs from the pain or the repeated surgical operations make to fall the patients to the state of overstrain, and impoverish their conditions. It is thought to be the neurosis, and there is a case that western medicine is not effective. Some kampo medicines are effective for the neurosis that loses the mental stability and causes the autonomic and an internal secretion disorders. By the combined treatment with san'oshashinto and tokakujokito, the visual analogue scale (VAS) of the pain score improved obviously by the treatment with kampo medicine. The selection of san'oshashinto among many kampo medicines was carried out according to the kampo diagnosis. Kinkiyoryaku said that san'oshashinto is effective for the disorder of the circulatory system originated from the mental conditions. It was suggested that the therapy based on kampo diagnosis should be effective.

Key words: san'oshashinto, tokakujokito, therapy based on kampo diagnosis

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