## 短報

## 慢性副鼻腔炎に伴う頭痛に 葛根湯加川芎辛夷が著効した1症例

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**要旨**:慢性に経過する頭痛には様々な疾患が存在する.一次性頭痛では、片頭痛、緊張型頭痛の頻度が高く、次いで群発頭痛や三叉神経痛・自律神経性頭痛、その他の一次性頭痛などに分類されている.

今回, 片頭痛疑いのもと治療を受けていた頭痛患者が, 既往に慢性副鼻腔炎があることより, 葛根湯加川芎辛夷を投与したところ, 症状の改善がみられた.

索引用語:慢性頭痛、慢性副鼻腔炎、葛根湯加川芎辛夷

## PAIN AND KAMPO MEDICINE Vol.21 (2011)

A case of chronic headache due to sinusitis improved by kakkontokasenkyushin'i Tetsuya Watanabe\* and Youichi Saitou\*

**Abstract**: We report on a 26-year old woman suffering from chronic headache due to sinusitis. She had been treated by various medicines, but her headache was not disappeared. So we prescribed kakkontokasenkyushin'i, her symptoms were improved. We think kakkontokasenkyushin'i could be the first choice of drugs for chronic headache due to sinusitis.

Key words: chronic headache, sinusitis, kakkontokasenkyushin'i

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