

## 短報

## 無菌性髄膜炎の頭痛，嘔吐に柴苓湯が奏効した2症例

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**要旨：**無菌性髄膜炎の原因の多くはウイルス性であり，その多くがエンテロウイルスである。一般には安静と対症療法により予後は良好とされるが，その主症状である頭痛や嘔気・嘔吐への解熱鎮痛薬や制吐剤の効果が不十分な症例もある。今回こうした効果不十分な頭痛と嘔気・嘔吐に対して，柴苓湯（TJ-114）が有効であった2症例を経験した。柴苓湯は，夏場の感染性胃腸炎に頻用されるが，これらに併発した無菌性髄膜炎にも奏効する。

**索引用語：**無菌性髄膜炎，頭痛，嘔気，嘔吐，柴苓湯

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## Effects of saireito for headache, nausea and vomiting associated with aseptic meningitis in two cases

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**Abstract:** Aseptic meningitis occurring during the summer is most likely caused by enteroviruses those are coxsackie, echovirus, and/or other non-poliovirus enteroviruses. In the majority of the patients with aseptic meningitis, the prognosis of the sickness is excellent in the rest and the allopathy without the specific therapy. The main symptoms of aseptic meningitis those are headache, nausea and/or vomiting are occasionally difficult to be controlled by the symptomatic treatment such as NSAIDs or anti-nausea agents. In those cases, saireito (TJ-114) can be effective. We report the two cases of aseptic meningitis successfully treated with saireito. Although TJ-114 is effective for the infectious gastroenteritis during summer, it is suggested that it should be effective for the aseptic meningitis associated with those gastroenteritis.

**Key words:** aseptic meningitis, headache, nausea, vomiting, saireito

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