

短 報

ペインクリニック外来において 心因性疼痛に漢方治療が奏効した2症例

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要旨：ペインクリニックにおいてしばしば心因性疼痛の患者に遭遇する。そのような患者に対し、本来直接鎮痛作用が無いような漢方薬が著効した2症例を提示する。

これらの症例においては、漢方薬で精神の状態を整えることにより、西洋薬や神経ブロック療法の効果を高め、心因性疼痛を軽減させたと考えられる。

索引用語：心因性疼痛, ペインクリニック, 加味帰脾湯, 桂枝加竜骨牡蛎湯

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Kampo treatment for psychogenic pain in pain clinic

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Abstract: Psychogenic pain is contributed from the many complicated psychosocial factors. In these cases, kampo medicines might be effective. We reported two patients with psychogenic pain treated with kampo medicines those never showed the analgesic actions directly.

[Case I] Kamikihito was used for sever anemia, sleep disturbance, or neurosis in a patient with a deficient constitution. It was effective for the worry and anxious conditions and sleeplessness at night.

[Case II] Keishikaryukotsuboreito was administered to the psychoneurosis patient with the difficulty in falling asleep, sympathetic hypertonus or delusions).

It was suggested that the treatment with kampo medicines should increase the effect of western medicines or the nerve block treatment, and relieve the psychogenic pain by regulating the mental conditions.

Key words: psychogenic pain, pain clinic, kamikihito, keishikaryukotsuboreito

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