

症 例 報 告

五積散合桂枝茯苓丸加薏苡仁が著効した腰下肢痛の3症例

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要旨：半月板損傷を伴う変形性膝関節症，慢性腰痛症の急性増悪，間欠性跛行を伴う腰部脊柱管狭窄症の3症例に対して，五積散（TJ-63）と桂枝茯苓丸加薏苡仁（TJ-125）を併用投与し奏効した。これらの腰下肢痛は，整形外科外来でよく遭遇するが，難治例も多い。この合方は，整形外科的な腰下肢の疼痛疾患の鎮痛法の1つとして有用である。

索引用語：腰下肢痛，五積散，桂枝茯苓丸加薏苡仁，整形外科

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Three cases of pain in waist and lower limbs successfully treated with Kampo Medicines

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Abstract: We reported three cases of pain in waist and lower limbs which were successfully treated with Kampo medicines. The first case was osteoarthritis of the knee with medial meniscus injury, the second was acute exacerbation of chronic lumbago, and the third was lumbar spinal canal stenosis with intermittent claudication. In all cases the combination of goshakusan (TJ-63) and keishibukuryogankayokuinin (TJ-125), was administered to the patients, and the pain decreased or disappeared in several weeks. These sort of pain are frequently seen in the outpatient clinic of orthopedics department, and they are often refractory. It is suggested that the administration of the combination of TJ-63 and TJ-125 should be effective for the pain in waist and lower limbs.

Key words: pain in waist and lower limbs, goshakusan, keishibukuryogankayokuinin, orthopedics

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