

症 例 報 告

腰椎麻酔下帝王切開後の 五苓散無効の頭痛に対する漢方治療経験

佐藤泰昌^{*1,*2} 森美奈子^{*1} 志賀友美^{*3} 高井紀子^{*1}
牧野 弘^{*1} 田上慶子^{*1} 横山康宏^{*1} 山田新尚^{*1}

要旨：帝王切開後の脊椎麻酔後頭痛（PDPH）は、早期離床が妨げられ、また授乳にも影響し、患者のQOLを著しく低下させることになる。PDPHに対し、五苓散と葛根湯を合わせて投与したところ、著効が得られた。五苓散に含まれ利尿作用を示す沢瀉・茯苓・猪苓・朮に、葛根湯に含まれる麻黄が加わることにより、利尿作用が一段と強まったためと思われた。五苓散無効の脊椎麻酔後頭痛に遭遇した場合、五苓散合葛根湯は治療の一選択肢になると考えられた。

索引用語：脊椎麻酔後頭痛、五苓散、葛根湯

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Effect of Kampo medicines on Goreisan-resistant postdural puncture headache after cesarean section under spinal anesthesia

Yasumasa Sato^{*1,2}, Minako Mori^{*1}, Tomomi Shiga^{*3}, Noriko Takai^{*1}, Hiroshi Makino^{*1}, Keiko Tagami^{*1}, Yasuhiro Yokoyama^{*1} and Yoshitaka Yamada^{*1}

Abstract: Postdural puncture headache (PDPH) after cesarean section disturbs the recovery after the operation, and shows the bad influence on the feeding for newborn baby. PDPH was soon improved after the administration of Goreisan with Kakkonto for Goreisan-resistant PDPH. Diuretic effects of the components involved in crude drugs of Goreisan, Alisma Rhizome, Poria Sclerotium, Polyporus Sclerotium and Atractylodes Rhizome were reinforced by the addition of Ephedra Herb included in Kakkonto.

It is suggested that Goreisan with Kakkonto are effective for the Goreisan-resistant PDPH after cesarean section under spinal anesthesia.

Key words: postdural puncture headache, Goreisan, Kakkonto

*¹ Department of Obstetrics and Gynecology, Gifu Prefectural General Medical Center

Offprint requests to: Yasumasa Sato, Department of Obstetrics and Gynecology, Gifu Prefectural General Medical Center, 4-6-1, Noishiki, Gifu City, Gifu 500-8717, Japan

*² Department of Kampo medicine, Gifu Prefectural General Medical Center

*³ Department of Obstetrics and Gynecology, Gifu Municipal Hospital