

## 症 例 報 告

## 統合医学的治療が奏効した難治性疼痛 2 症例

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**要旨：**東洋医学的治療（鍼治療，漢方薬）を加えた統合医学的治療が奏効した神経障害性疼痛と CRPS（Complex Regional Pain Syndrome）の 2 症例を経験したので報告する。症例 1 は，頸椎症性神経根症で，両手の痛みと運動障害に対し，ブロック療法と共に桂芍知母湯，桂枝茯苓丸，ブシ末の併用と鍼治療（頭皮電気刺激法）を施行し，症状が改善した。症例 2 は，テニス肘ギブス固定後の CRPS で，右上肢痛と運動障害があったが，ブロック療法と共に薏苡仁湯，真武湯の併用と鍼治療（電気刺激法）を行うことで，症状改善した。このような症例では，早期に除痛し，その後リハビリや運動を行うことが重要である。そのためにも，統合医学的治療は有効な除痛治療法であると考えられる。

**索引用語：**神経障害性疼痛，CRPS，電気鍼治療，桂芍知母湯，薏苡仁湯

## PAIN AND KAMPO MEDICINE Vol.22 (2012)

Combination therapy of the conventional western medicine, Kampo medicine and Acupuncture is effective for the refractory pain

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**Abstract:** Treatments of intractable pain in patients with neuropathic pain or complex regional pain syndrome (CRPS) are difficult. Two cases of patients suffering from persistent severe pain were reported. Case1: A 68-years-old female patient was suffering from severe pain and numbness accompanied with motor dysfunction in bilateral upper limb caused by cervical radiculopathy. Case2: A 15-years-old male patient with CRPS was suffering from severe pain accompanied with motor dysfunction in right upper limb. Combination of neurological block therapy, electro-acupuncture, Kampo medicines (Case1: keishakuchimoto and keishibukuryogan. Case2: yokuininto and shinbuto) and rehabilitation recovered the intractable pain and dystonia in the affected limbs. Both patients perform a normal social activity without pain.

It was suggested that the combination of block therapy, Kampo medicines, electro-acupuncture and rehabilitation should be effective in patients with neuropathic pain and CRPS.

**Key words:** neuropathic pain, CRPS, electro-acupuncture, keishakuchimoto, yokuininto

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