

症 例 報 告

群発頭痛に呉茱萸湯が奏効した 1 症例

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要旨：群発頭痛に呉茱萸湯が奏効した症例を経験した。症例は25年前より続く習慣性で発作的な拍動性頭痛を訴えていた。頭痛部位は右三叉神経第1枝領域に局限し、頭痛発作には嘔吐を伴っていた。近医より三叉神経痛と診断されカルバマゼピンを処方されたが、眩暈、ふらつきなどの副作用のために投与量が制限され鎮痛効果を認めていなかった。その後数ヵ所の病院を受診し、三叉神経痛、片頭痛などの診断で治療されたが効果はなかった。本症例に対し呉茱萸湯を処方したところ、著効を示し内服開始2週間で症状改善がみられた。今回の頭痛は国際頭痛分類第2版からは群発頭痛、漢方学的には痰濁頭痛であったと考える。この呉茱萸湯の鎮痛機序として生薬成分に含まれる化学物質による消炎鎮痛作用、血管拡張作用、セロトニン様作用などが考えられる。

索引用語：呉茱萸湯、頭痛、群発頭痛、嘔吐

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Successful treatment of cluster headache with goshuyuto

— a case report —

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Abstract: A male patient with cluster headache was successfully treated with goshuyuto. He had habitual pulsating headache which had been lasted for 25 years. The headache was localized in the first division of the trigeminal nerve, and it was accompanied with vomiting. He was diagnosed as having trigeminal neuralgia and administered carbamazepine. However his pain was not decreased. Though he visited several doctors and took medicines for trigeminal neuralgia or migraine, his headache was not relieved. Therefore we prescribed goshuyuto according to the Kampo diagnosis, and then his symptoms were improved. The nausea and vomiting disappeared for one week, and the headache almost disappeared for two weeks. He was diagnosed as having cluster headache from the international classification of headache disorders (2nd Edition), and further diagnosed as turbid phlegm according to the Kampo diagnosis.

It was suggested that the mechanisms of goshuyuto to relieve the pain should be anti-inflammatory, vasodilative, and serotonin-like effects caused by the ingredients of goshuyuto.

Key words: goshuyuto, cluster headache, vomiting

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