

臨	床	経	験
---	---	---	---

乳がん再発患者の症状緩和に対する 漢方エキス製剤の使用経験

円城寺昭人*¹ 中島弘治*¹ 森田 道*¹ 福田真義*¹
松島 肇*¹ 山口淳三*¹ 佐藤英俊*²

要旨：症例1：患者：54歳女性（右乳癌術後右鎖骨上リンパ節再発）平成X年右乳房全摘術後右鎖骨上リンパ節再発，化学療法や放射線治療を継続していたが，局所浸潤とリンパ浮腫から右肩から右上肢痛，腫脹，しびれが増悪した．オピオイドや鎮痛補助薬を使用した徐々に増量となり治療に難渋した．五苓散，八味地黄丸を使用し若干の効果とともに，患者自身の訴えに応じた処方がなされ，患者の満足感が得られた．症例2：患者37歳女性（右乳癌術後脳転移，肝転移再発）脳転移による頭重感，肝転移による胸部圧迫感などオピオイド，鎮痛補助薬の治療だけでは好転しない訴えに対し五苓散を使用した．客観的な効果は乏しかったがオピオイドの増量には抵抗があった患者も許容し得た．漢方エキス製剤は西洋医学的なアプローチのみでは難渋する終末期の多彩な症状の緩和に対する新たなアプローチになりうると考えられた．

索引用語：乳癌再発，癌性疼痛，五苓散，八味地黄丸

PAIN AND KAMPO MEDICINE Vol.22 (2012)

Experience with goreisan (TJ-17) and hachimijiogan (TJ-7) for severe pain and lymphedema caused by the recurrence of breast carcinoma after radical resection

— Report of 2 cases —

Akihito Enjoji *¹, Hiroharu Nakajima *¹, Michi Morita *¹, Masayoshi Fukuda *¹,
Hajime Matsushima *¹, Junzo Yamaguchi *¹ and Hidetoshi Sato *²

Abstract: Two cases are shown, who had recurrence of breast cancer after radical resection. Case 1: 54 years old female, who received chemo-radiotherapy for recurrence of breast cancer. She complained pain and swelling of upper extremity due to the local infiltration of cancer. Her pain was uncontrollable even by opioid and various analgesia agents. Goreisan (TJ-17) could relief of edema temporally. Hachimijiogan (TJ-7) also could relief her variety symptoms. Case 2: 37 years old female, who had brain and liver metastasis after radical mastectomy. She had severe headache and chest oppressive feeling, however opioid and various analgesia agents could not control her symptoms. Although objective response could not be observed by goreisan (TJ-17), patient could take opioid again. Kampo medicine, like goreisan (TJ-17) and hachimijiogan (TJ-7), might be alternative approach for terminal care of cancer patients with variety symptoms.

Key words: recurrence of breast carcinoma, cancer pain, goreisan, hachimijiogan

*¹ National Hospital Organization Saga National hospital

Offprint requests to: Akihito Enjoji, National Hospital Organization Saga National hospital.
1-20-1, Hinode, Saga, 849-0923, Japan

*² Department of Community-based Comprehensive Palliative, Care Saga Medical School Hospital, Saga University