

臨 床 経 験

## 補中益気湯によって改善した腰痛

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**要旨：**通常治療が無効な腰痛症と頻尿に補中益気湯が奏効した。立位で増悪する症状から、気虚下陥ではないかと考え、本方剤を投与したところ、速やかに鎮痛しえた。MRI検査等で病的所見のない頻尿を伴う腰痛症には牛車腎気丸を投与することが多いが、本症例のように気虚下陥のものもあると考えられる。

**索引用語：**腰痛症、頻尿、気虚下陥、補中益気湯

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**Hochuekkito was effective well for the lumbago and the frequent urination.**

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**Abstract:** A 59-year-old woman visited our clinic with the chief complaint in the lumbago and the frequent urination. She visited other orthopedic doctor 6 months before in the strong lumbago and in the chief complaint. At the hospital, she received a radiographic-examination and an MRI inspection.

However, a malfunction was admitted by no inspection. After that, she visited other doctors in a wide range of medical agencies but didn't improve lumbago. At our clinic, it did the acupuncture to be always doing her, but the lumbago wasn't good. I prescribed a goshajinkigan for her but was invalid. I thought whether or not her lumbago wasn't supported by the ptosis. I prescribed a hochuekkito for her. The hochuekkito was effective well for the lumbago and the frequent urination to her. I places that the cause of the lumbago which was thought of includes ptosis in my mind and to treat lumbago are important to me.

**Key words:** lumbago, frequent urination, Kikyogekan, hochuekkito

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