

総説

舌痛症に対する漢方治療の調査研究と文献的考察

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要旨：近年，歯科には，「歯の痛み」や「歯肉の出血」以外に「口の渇き」，「口や舌の痛み」，「口臭」，などの訴えで来院患者が多くなった傾向がある．これらの訴えの多くは，身体のどこが悪いのかははっきりしない訴えで，検査をしてもどこが悪いのかははっきりしないものを指す，いわゆる不定愁訴の状態である．口腔不定愁訴として出現しやすい身体症状の訴えは，口の渇き，味の障害，舌痛症，口の臭い，口の中や舌の痛みなどがあげられる．今回，舌痛症への漢方治療についての調査研究と文献的な考察を報告する．

索引用語：舌痛症，漢方薬

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The study of Kampo medicine for tongue pains

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Abstract: Our clinic have developed an integration of Western and Eastern Medicines through collaboration between the internal medicine department and the dentistry departments (oral surgery and medicine) for an increasing number of patients whose main complains include "dry mouth", "pains in the tongue and oral area", "disorders of taste", or "bad breath". In Western Medicine, these complaints are associated with diseases such as "bitter taste", "tongue pains", "oral pains", "taste disorder", "saliva secretion decrease", and "changes in the taste". Kampo medicine have long been considered to be effective in relieving symptoms that are difficult to cure by western medicine, such as unidentified complaints, a menopausal disorder, or dysautonomia (autonomic dysfunction). So Kampo medicine can be expected to have effects on the unidentified complaints in the oral area. In this study, we report about Kampo medicine for tongue pains.

Key words: tongue pains, Kampo medicine

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