

症 例 報 告

治打撲一方・抑肝散で治療した顎関節症の1症例

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要旨：歯科的治療で効果に乏しかった顎関節症に対して、治打撲一方合抑肝散が奏効した。治打撲一方は打撲の痛み・腫れを治す方剤として知られているが、腫れや瘀血を伴う筋骨の痛みにも応用されており、今回同剤にて開口障害の改善が見られた。また顎関節症の痛みによくみられる心因性の修飾を肝気の昂ぶりと捉え、抑肝散を追加したところ痛みが軽減した。

索引用語：顎関節症，治打撲一方，抑肝散

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A case report of successful treatment for temporomandibular joint disorder with jidabokuippo and yokukansan

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Abstract: Jidabokuippo (TJ-89) is ordinary applied for pain or swelling of bruise. Also, it is used for the patients with musculoskeletal pain like joint pain. We experienced a case of temporomandibular joint disorder which was successfully treated with jidabokuippo (TJ-89) and yokukansan (TJ-54). Administration of jidabokuippo (TJ-89) improved trismus. Additionally, yokukansan (TJ-54) was administered to the patient, the pain was also reduced. It was suggested that combination of jidabokuippo (TJ-89) and yokukansan (TJ-54) should be effective for temporomandibular joint disorder.

Key words: temporomandibular joint disorder, jidabokuippo, yokukansan

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