

症 例 報 告

疼痛を伴う口腔粘膜疾患に十全大補湯を投与し 症状の改善を認めた 6 症例

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要旨：局所的副腎皮質ステロイド外用薬で効果が得られなかった口腔粘膜病変を有する患者に対して、症状の改善を目的として十全大補湯（TJ-48）の投与を行った。口腔粘膜疾患 6 症例のうち 4 症例が口内炎、2 症例が口腔扁平苔癬であった。性別では、男性が 2 症例、女性が 4 症例で、年齢は 11～77 歳（平均 48.3 歳）、来院回数は 2～7 回（平均 4.3 回）、処方日数は 14～119 日（平均 54.8 日）であった。十全大補湯（TJ-48）の投与後すべての症例で症状の改善がみられ、効果は 2 週間の処方期間内に出現した。有痛性口腔粘膜疾患に対して十全大補湯（TJ-48）は有用性を示すと考えられた。

索引用語：口内炎、口腔扁平苔癬、十全大補湯

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Favorable result of juzentaihoto treatment in the patients with oral mucosal diseases

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Abstract: Juzentaihoto (TJ-48) was used to improve the symptoms in patients with oral mucosal diseases including stomatitis and oral lichen planus, because their lesions were resistant to topical application of corticosteroid ointment. Four (2 male and 2 female) patients had chronic and/or recurrent stomatitis and 2 female patients had oral lichen planus. The age ranged from 11 to 77 years (mean 48.3 years) and the number of times to come to the hospital was 2 to 7 (mean 4.3 times). After the treatment with juzentaihoto, improvement appeared within 2 weeks in all patients. It was suggested that juzentaihoto should be useful to improve the symptoms of stomatitis and oral lichen planus.

Key words: stomatitis, oral lichen planus, juzentaihoto

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