

## 症 例 報 告

## 加味逍遙散が有効であった歯痛・口腔内違和感の4症例

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**要旨：**我々は、歯牙接触習慣が認められる特発性歯痛や口腔内の不定愁訴を訴える患者に習慣を改善するための心理学習を含んだ下顎運動療法を行っている。しかし、下顎運動療法を行っても難渋する症例も多くあり、そのような症例に対して加味逍遙散の処方を併用したところ症状の改善が認められた。歯牙接触習慣の認められる特発性歯痛や口腔内の不定愁訴を訴える症例に対して、習慣改善指導と加味逍遙散の投与が有効であると考えた。

**索引用語：**特発性歯痛、口腔内違和感、歯牙接触習慣、加味逍遙散

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## Four patients with tooth pain and oral malaises treated with kamishoyosan (TJ-24)

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**Abstract:** We have treated patients suffering from idiopathic odontalgia or oral malaise with our unique exercise therapy to improve jaw movement and psychological education to reduce tooth contacting habit (TCH). However, we experienced some cases in which patients didn't improve their symptoms in spite of our therapy. After the treatment with kamishoyosan (TJ-24) to these patients, their symptoms improved. Our cases suggested that the combination of our exercise therapy and treatment with TJ-24 should be effective for patients suffering from idiopathic odontalgia or oral malaise.

**Key words:** idiopathic odontalgia, oral malaise, TCH, kamishoyosan

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