

臨 床 経 験

高齢患者の三叉神経痛に有効であった五苓散の1症例

桑原 徹*

要旨：三叉神経痛の治療には、抗てんかん薬や中枢神経用薬が用いられる。しかし、心刺激伝導抑制作用やふらつきを有するため、高齢患者への投与には十分な注意が必要となる。今回、発作性心房細動を有する高齢患者の治療において、抗てんかん薬および中枢神経用薬の継続使用が困難となり、五苓散にて症状改善を認めた症例を経験したので報告する。症例は91歳、男性。約1か月前から上顎右側歯肉部に痛みを発症し、当科を受診した。最初にガバペンチンを投与するが改善を認めなかった。次にプレガバリンで軽度改善傾向は認めしたが、傾眠および体調不良を認めたため休薬とした。五苓散 (TJ-17) 7.5g、分3/日を使用したところ、内服7日間ではほぼ症状は改善し、その後も再発を認めていない。副作用などの理由から、抗てんかん薬や中枢神経用薬を使用できない三叉神経痛に対して、五苓散の投与を考慮しても良いと考えられた。

索引用語：五苓散，三叉神経痛，高齢患者

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A case report that goreisan was effective for trigeminal neuralgia in a patient with circulatory organ disease

Toru Kuwahara*

Abstract: Antiepileptic drugs are used for the treatment of trigeminal neuralgias. However, these drugs should be used with caution in patients with circulatory organ diseases, because these drugs have an inhibitory effect on the cardiac stimulation and conduction. Herein, I reported a case in which trigeminal neuralgia was successfully treated with goreisan; the patient was a 91-year-old man who could not continue antiepileptic drug therapy because of paroxysmal atrial fibrillation. He experienced pain in the right-upper-gingiva for 1 month and was visited our clinic. His condition improved slightly after the medication with pregabalin, but he suffered from somnolence and poor physical condition. Therefore, pregabalin administration was canceled. His symptoms were improved 7 days after the administration of goreisan (TJ-17) 7.5g/day. The recurrence was not accepted afterwards. The treatment with goreisan should be effective for the trigeminal neuralgia, when antiepileptic drugs cannot be used for the side effects.

Key words: goreisan (TJ-17), trigeminal neuralgia, circulatory organ disease

* Department of oral surgery, JA Joetsu General Hospital

Offprint requests to: Toru Kuwahara, Department of oral surgery, JA Joetsu General Hospital, 148-1 Daidofukuda, Joetsu-shi, Niigata 943-8507, Japan