

## 症 例 報 告

## 外傷性頸部症候群に呉茱萸湯が有効であった 1 症例

大 路 牧 人 \* 境 徹 也 \* 澄 川 耕 二 \*

**要旨：**呉茱萸湯 (TJ-31) は比較的体力の低下した冷え性の人で、肩こりを伴う反復性の頭痛に有効である。今回、頭痛と耳鳴を伴う外傷性頸部症候群に呉茱萸湯を投与し軽快した症例を経験したので報告する。患者は48歳、男性。1年6ヵ月前に、乗用車と衝突して受傷し、左上肢のしびれ、頭痛、耳鳴りが出現した。その後、記憶障害と活動性の低下のために高次脳機能障害と診断された。当科受診時、冷え、肩こり、口渇、易疲労、不眠を伴っていた。釣藤散 (TJ-47) を投与したが効果がなく、呉茱萸湯に変更したところ痛みと耳鳴や不眠は改善し、活動性の低下もやや改善した。本症例では呉茱萸湯が外傷性頸部症候群に伴う頭痛と耳鳴に有効であった。また、併発していた高次脳機能障害も改善した可能性も示唆される。

**索引用語：**呉茱萸湯、外傷性頸部症候群、頭痛、耳鳴り、高次脳機能障害

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## A successful treatment for traumatic cervical syndrome with goshuyuto

Makito OJI\*, Tetsuya SAKAI\* and Koji SUMIKAWA\*

**Abstract:** Goshuyuto (TJ-31) is known to be effective for repeated headache in a person with decreased physical strength, poorer circulation, and stiff shoulder. We report a case of traumatic cervical syndrome which is successfully treated with TJ-31. A 48-year-old man had a traffic accident 18 months ago, and thereafter he suffered from a headache and tinnitus. He was diagnosed as higher brain dysfunctions from both the memory disturbance and the active fall. When he was referred to our clinic, he complained of coldness of his peripheral limbs, stiff shoulder, thirst, fatigue, and insomnia. Chotosan (TJ-47) was administered, but was not effective. When TJ-47 was changed into TJ-31, his headache, tinnitus, and insomnia almost disappeared, and active fall was also improved. It was suggested that TJ-31 should be effective for the headache, tinnitus and higher brain dysfunctions accompanying the traumatic cervical syndrome.

**Key words:** goshuyuto, traumatic cervical syndrome, headache, tinnitus, higher brain dysfunctions

\* Department of Anesthesiology, Nagasaki University School of Medicine

*Offprint requests to:* Makito Oji, Department of Anesthesiology, Nagasaki University School of Medicine.

1-7-1 Sakamoto, Nagasaki, 852-8501, Japan