

症 例 報 告

原因不明とされた痛みに対して疏肝剤が奏功した 4 症例

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要旨：西洋医学的に原因不明とされた痛みの4症例に対して疏肝剤の内服治療を施行した。4症例とも、発症にはストレスがきっかけとなったが、西洋医学的治療で痛みが改善していなかった。2症例では四逆散が著効し、1症例では大柴胡湯が著効したが、1症例では肝の疏泄作用の低下だけではなく肝血虚を改善する抑肝散の内服により除痛が得られた。西洋医学の診断で原因不明の痛みとされた症例において、東洋医学的に証をたてて、治療を行うことが肝要と思われた。

索引用語：ストレス、疏泄作用、肝血虚

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A report of four pain patients of unknown etiology which were successfully treated with “sokanzai”

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Abstract: Four pain patients with unknown etiology were treated with kampo medicines, “sokanzai” which removed the stagnation of vital energy in liver. In all the patients, the pain appeared to have been triggered by psychological stress, which had not been properly managed by Western medicine. Two patients responded very well to shigyakusan and another to daisaikoto, by dispersing the stagnated Liver qi. In 1 patient, yokukansan which improved the “kankekkyo” which was the insufficient of blood in liver in addition to “kankitai” which was the stagnation of vital energy in liver was effective. For the treatment of pain with unknown etiology, scrupulous oriental diagnosis focusing on the static Liver blood and stagnated Liver qi may be important in kampo medicine.

Key words: psychological stress, poor Liver blood, stagnated Liver qi

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