

症 例 報 告

腰部脊柱管狭窄症による腰痛，左下肢・両足のしびれ感が 麻黄附子細辛湯合芍薬甘草湯加附子末で改善した 1 症例

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要旨：平成 24 年漢方誌に長年続いていた腰部脊柱管狭窄症による腰痛，両足のしびれ感を訴えた患者に四診より胃気の虚と裏寒証による痺証と考え茯苓四逆湯合芍薬甘草湯加附子末（煎じ薬）を投与し，これらの症状が著明に改善した症例を報告した。¹⁾

今回同様の症状を示す腰部脊柱管狭窄症の患者に漢方的に胃気の虚と裏寒証による痺証と考え，麻黄附子細辛湯合芍薬甘草湯加附子末を投与したところこれらの症状が改善した症例を経験したので報告する。

索引用語：裏寒証，脾胃の虚，江部の経方医学，麻黄附子細辛湯，芍薬甘草湯，附子末

PAIN AND KAMPO MEDICINE Vol.24 (2014)

A case of lumbar spinal stenosis with low back pain and numbness of the bilateral lower limbs improved by Kampo medicine

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Abstract: Treatment of a 62 year -old man suffering from lower back pain, discomfort and a feeling of numbness in both limbs and insteps existing for more than 10 years due to lumbar spinal canal stenosis.

There were no neurological deficits such as motor and sensory disturbances in his lower limbs that were perceived when he first came to our clinic.

From the viewpoint of Kampo medicine, he was diagnosed as “Rikan-shou with coldness of the body and extremities, renal yang deficiency, and spleen abnormalities due to the weak gastric function.

He was given the Kampo extracts formulas (maou-bushi-saisin-tou, syakuyaku-kanzou-tou and aconite root powder) in accordance with Ebe's theory of Kei-ho medicine.

After taking these Kampo extracts (formulas), the previously mentioned complaints have gradually lessened and the patient forgets the symptoms when he is treated with Kampo medicine.

The VAS (Visual Analogue Scale) wasn't checked in detail, but judging from his remarks it was approximately 70-80mm at his first examination and 20-30mm at his last examination.

These herbal formulas seemed to be very effective for his complaints, which have helped increase the flow of qi, the vital energy, blood and body fluid in the circulatory system and posterior pathway (route) in Ebe's Kei-ho medicine.

Key words: Rikan-syau, weak gastoriv function, Ebe's Keihou medicine, Kampo formulas (Maou-busi-saisinn-tou, syakuyaku-kannzou-tou, and aconite root powder)

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