

総	説
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## 高齢者の頭痛診療のポイント

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**要旨：**頭痛治療において診断は国際頭痛分類 2004 (ICHD- II)<sup>1)</sup>に基づき、治療は慢性頭痛の診療ガイドライン 2013 (日本頭痛学会編集)<sup>2)</sup>に基づいて行われる。しかし、高齢者では高齢者特有の病態があり、ガイドライン通りではうまく頭痛がコントロールできない場合もある。その場合の問題解決の一つとして筆者は漢方薬を用いている。そのポイントをガイドラインからと、それ以外の筆者の経験をふまえて以下に述べたいと思う。

**索引用語：**頭痛、高齢者、漢方薬

## PAIN AND KAMPO MEDICINE Vol.25 (2015)

### Point of the treatment for headache in elderly person

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**Abstract:** As for the treatment of headache, the diagnosis is made based on the International Classification of Headache Disorders ; 2nd Edition (ICHD-II) and the treatment is provided based on practice guideline on chronic headache 2013 published by Japanese Headache Society. However, there is the peculiar condition of elderly patients and their headache may not be controlled according to the guidelines. The author uses kampo medicines as one of the problem solving of that case. The point of the headache practice by kampo medicines will be described as follows on the basis of the guidelines and the experience of my own.

**Key words:** headache, elderly person, kampo medicines

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