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高齢者の口腔顔面痛に対する漢方療法について

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要旨：口腔内の不定愁訴があり、Cornel Medical Index (CMI) testを受けた高齢患者64例(2000年7月～2014年5月)を検討したところ、舌痛症64%、口腔内異常感症9%、非定型顔面痛5%の割合であった。

CMI領域Ⅳの舌痛症患者は、身体的自覚症として、疲労度と不眠が高値を示した。

また、精神的自覚症では領域Ⅲの患者は不安傾向を示し、領域Ⅳの患者は不適応、抑うつ、過敏、緊張が高い傾向にある。舌痛症に対する漢方治療の予後は、軽快レベル以上が74%を占めた。

高齢の慢性口腔顔面痛患者は冷えを訴えることが多い。またMesolimbic dopamine system (MDS)の機能低下も関連するため、これらの患者には補中益気湯、当帰芍薬散、柴胡加竜骨牡蛎湯、抑肝散加陳皮半夏なども有効である。

更に、漢方は抗酸化物を高いレベルで含んでおり、抗加齢に有効と考えられる。

索引用語：高齢者、舌痛症、非定型口腔顔面痛

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Kampo medicine therapy for the orofacialpain elderly people

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Abstract: In the elderly patients who took Cornel Medical Index (CMI) test with the intraoral malaise, the ratio of lesion indicated as follows, glossalgia 64%, feeling of intraoral abnormality symptom 9% and the atypical orofacial pain 5%.

As for the patients with glossalgia of CMI region IV, fatigue and insomnia showed high level as a physical symptom. Also, the patients with regional III showed an uneasy tendency for the mental symptom. And in the patients with region IV, maladjustment, dejection, irritation, tension tend to be high.

As for the prognosis of the treatment with kampo medicines for glossalgia, higher than effective level was accounted for 74%.

The elderly patients with chronic orofacial pain often appeal for cold.

Also, hochuekkito (TJ-41), tokishakuyakusan (TJ-23), saikokaryukotsuboreito (TJ-12), and yokukansankachimpihange (TJ-83) et al. are effective for these patients to be associated with the functional decline of mesolimbic dopamine system (MDS).

Furthermore, kampo medicines include antioxidants in high level, and they are thought to be effective for antiaging.

Key words: elderly patients, glossalgia, atypical orofacial pain

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