

症 例 報 告

筋・筋膜性歯痛が葛根湯による頸部筋痛緩和で改善した2症例

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要旨：筋・筋膜性歯痛に対し、葛根湯による頸部筋痛緩和が有用であった2症例を経験した。いずれの症例も原因不明の難治性歯痛として当科受診となった。両症例ともに数年来の頸部痛および肩部痛を有しており、胸鎖乳突筋の触診で筋の圧痛および歯痛の再現を認めたため、歯痛は胸鎖乳突筋のトリガーポイント形成に伴う関連痛と診断した。葛根湯を使用したところ、胸鎖乳突筋の圧痛および歯痛は改善した。葛根湯の構成生薬には、芍薬、甘草、葛根、桂枝が含まれており、これらが胸鎖乳突筋の圧痛を緩和し、歯痛の改善につながったと考えられた。

索引用語：葛根湯、頸部筋痛、筋・筋膜性歯痛

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Two cases of patients with dental-pain of myofascial origin treated with kakkonto
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Abstract: We present two cases of patients with a dental pain of myofascial origin, in which kakkonto (pueraria combination) was effective in relieving cervical muscle pain. Both patients complaining of an intractable dental pain of unknown etiology received our hospital. Furthermore, both patients had been experiencing cervical and shoulder pain for several years. Because palpatory findings revealed a tenderness of the sternocleidomastoid and reproduction of dental pain, the patients were diagnosed as dental pain associated with the formation of sternocleidomastoid trigger points. The kakkonto therapy ameliorated both the tenderness of the sternocleidomastoid and dental pain. Kakkonto contains the following crude drugs: shakuyaku (Paeoniae Radix), kanzo (Glycyrrhizae Radix), shakuyaku (Puerariae Radix), and keihi (Cinnamomi Cortex). These crude drugs are believed to relieve the tenderness of the sternocleidomastoid, leading to the amelioration of dental pain.

Key words: kakkonto (pueraria combination), cervical muscle pain, myofascial induced dental pain

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