

症 例 報 告

## 立効散と五苓散が三叉神経痛とそれ以外の口腔内の痛みに 奏効した 1 症例

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**要旨：** 歯痛および左側三叉神経痛と口腔粘膜の痛みを訴える 75 歳女性の患者に対し、カルバマゼピン、半夏瀉心湯、加味逍遙散、立効散による投薬治療を続け、症状が軽快したが、2 年 3 ヶ月後に痛みが再燃、増悪した。カルバマゼピンを 300mg、分 3/日に増量したところ症状はある程度軽減したが、数週間後には歯肉と舌縁の痛みや口腔乾燥を訴えた。カルバマゼピンを 400mg、分 3/日に増量し立効散 7.5g、分 3/日と五苓散 7.5g、分 3/日を処方したところ、症状は軽快し、現在に至る。立効散と五苓散を合方することで更なる改善がみられた症例と考えられ、本投与法はカルバマゼピンの眠気、ふらつき等の副作用を出さずに痛みのコントロールが出来る有効な方法と考えられた。

**索引用語：** 立効散、五苓散、三叉神経痛

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#### Successful treatment with rikkosan and goreisan in a patient suffering from trigeminal neuralgia and oral pain

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**Abstract:** We report a case of trigeminal neuralgia and oral pain successfully treated with rikkosan and goreisan. When a 75-year-old woman suffered from trigeminal neuralgia and oral pain was treated with carbamazepine and kampo medicines, her pain was reduced. Two years and three months later, her pain worsened. The treatment with carbamazepine 300mg/day reduced the pain, but several weeks later, she complained of oral pain and dry mouth.

Carbamazepine 400mg/day, rikkosan 7.5g/day and goreisan 7.5g/day were prescribed, and her pain was reduced remarkably. It was suggested that rikkosan combined with goreisan should be an effective treatment for a patient with trigeminal neuralgia and oral pain. Side effects of carbamazepine were also thought to be reduced by the combined use of kampo medicines.

**Key words:** rikkosan, goreisan, trigeminal neuralgia

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