

症 例 報 告

不妊治療を目的とした漢方薬治療により随伴する 長年にわたる全身の疼痛が改善した1症例

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要旨:今回われわれは、妊孕力向上のための漢方治療を希望して受診した患者に対して、本治を目指した随証治療を行うことにより、随伴する長年にわたる全身の疼痛の改善が得られた例を経験したため報告する。症例は35歳女性。第1子出産後1年以上不妊期間があり、漢方治療を目的に当院受診。10代の頃より頭痛、肩こり、排便時腹痛、月経痛、冬季に繰り返す凍瘡があった。気血両虚および腎虚と弁証し、温経湯 (TJ-106) 5g分2、八味地黄丸 (TJ-7) 5g分2、猪苓湯合四物湯 (TJ-112) 5g分2を処方したところ、1ヵ月ほどで凍瘡および排便時痛が改善し、2ヵ月ほどで頭痛および月経痛も改善した。

索引用語: 不妊治療, 慢性疼痛, 漢方薬, 随証治療

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A case report which the various chronic pains disappeared by kampo therapy in patients aiming at infertility treatment

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Abstract: For the patients in hope of treatment with kampo medicine to make it easy to become pregnant, we were able to improve the whole body pain for many years by providing the treatment in accordance with the pattern of kampo theory (sho). A 35-year-old woman whose infertility had continued for more than one year after the first childbirth visited our hospital in hope of treatment with kampo medicines. She was suffering from repeated headache, stiff shoulder, pain with defecation, menstrual cramp, and frostbite repeated in winter which continued from her teens. Unkeito (TJ-106), hachimijiogan (TJ-7) and choreitogoshimotsuto (TJ-112) at a dose of 2.5g twice a day were prescribed, because her symptoms were diagnosed as the dual deficiency of vital energy (ki) and blood circulatory function (ketsu) and the deficiency of urogenital function (kidney). Frostbite and the defecation pain were also improved by one month administration. Repeated headache and menstrual cramp were also improved about one month afterward.

Key words: infertility treatment, chronic pain, kampo medicine, therapy in accordance with the pattern

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