

## 症 例 報 告

## 加味逍遙散合補中益気湯が奏効した肛門部痛の1症例

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**要旨：**外科的治療によって改善しなかった肛門部痛の患者に対し、加味逍遙散合補中益気湯が奏効した。難治性の肛門部痛の多くは心理的要因の関与が考えられ、漢方治療においても気の異常を正すことが必要である。本症例における肛門部痛は肝気鬱血による症状と考えられ、加味逍遙散を投与した。さらに気虚を伴っていたため、補中益気湯を合方したところ、痛みを軽減を認めた。

**索引用語：**肛門部痛, 肝気鬱血, 加味逍遙散, 補中益気湯

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## A case report of successful treatment of anal pain with kamishoyosan and hochuekkito

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**Abstract:** Many patients with intractable anal pain have psychogenic disorder. Thus, treatment of psychogenic disorder is important to improve the anal pain. We experienced a case of intractable anal pain which was successfully treated with kamishoyosan (TJ-24) and hochuekkito (TJ-41). In kampo medicine, psychogenic disorder is due to the abnormality of vital energy. And kamishoyosan (TJ-24) improves the circulation of vital energy, and hochuekkito increases the vital energy. It was suggested that the supply of vital energy and the normalization of its flow should be effective for the intractable anal pain.

**Key words:** anal pain, kamishoyosan, hochuekkito

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