

症 例 報 告

終末期肺癌の苦痛緩和を目的とした麦門冬湯の使用経験

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要旨：肺癌の終末期は、乾性咳嗽や呼吸困難などの呼吸器症状をきたしやすく、これらは死を意識させる耐え難い苦痛となる。今回、我々は、これらの苦痛の緩和を目的として麦門冬湯を投与したところ、症状の軽減を認めた。麦門冬湯は鎮咳効果だけではなく、終末期肺癌の病態の一つである“陰虚”を改善する処方である。また、副作用が少なく、頓服投与でも有効例を認め、今後、終末期肺癌の苦痛緩和に有用な治療手段の1つになると考える。

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Successful treatment of Bakumondo-To for the respiratory symptoms in end-stage lung cancer

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Abstract: End-stage lung cancer patients sometimes have a trouble with dry cough and dyspnea, which induce the intolerable discomfort and the feeling of impending death. It is reported that Bakumondo-To is effective for COPD and chronic cough after operation. In terms of traditional Japanese medicine, Bakumondo-To improves “Sui deficiency” which means the loss of body fluids. End-stage lung cancer patients show the “Sui deficiency” induced by malnutrition and lymphangitis carcinomatosa. We have experienced that Bakumondo-To improved respiratory symptoms in ten cases of end-stage lung cancer. In our cases, Bakumondo-To showed no side effect and discomfort associated with medication. Bakumondo-To is a promising drug in palliative care of lung cancer.

We report ten cases of end-stage lung cancer that were successfully treated with Bukumondo-To. These patients improved respiratory symptoms and STAS-J score. Moreover, it is a useful medicine to improve “Sui deficiency” which is one of the underlying conditions in end-stage lung cancer. Bukumondo-To has an effect to promote “Sui” and makes up for “Sui”.

In palliative care, it is important to broaden treatment options and to decrease the discomfort associated with the treatment to enhance the quality of care in end-stage lung cancer.

Bakumondo-To is the medicine which has few side effects and little discomfort associated with medication.

As for the treatment of end-stage lung cancer, Bakumondo-To will be one of the useful means in future.

Key words: end-stage lung cancer, bakumondoto, cough, yin deficiency

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