

症 例 報 告

慢性頭痛に対する麻黄附子細辛湯合安中散の効果

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要旨：麻黄附子細辛湯が後頭神経痛に有効であることが報告されている。しかし、大後頭神経痛が遷延化し、痛みが三叉神経第1枝領域まで及ぶと、麻黄附子細辛湯のみでは効果が弱い。大後頭神経痛が三叉神経第1枝領域まで及ぶ機序は大後頭神経C2の後核と三叉神経脊髄路核が解剖生理学的に連続している事による。この三叉神経頸髄複合体(TCC)は片頭痛などの慢性頭痛に関与している。桂姜草棗黄辛附湯の方意のエキス剤(麻黄附子細辛湯合安中散)がTCCに関与する慢性頭痛に有効であるかを後方視的に検討した。対象は最近1年半に受診された三叉神経第1枝領域の痛みと後頭神経痛が3ヵ月以上に亘って繰り返し生ずる慢性頭痛患者10例である。全例にエキス剤の麻黄附子細辛湯と安中散の合方を処方した。症例は女性8例、男性2例。年齢は中央値47歳(範囲14~78歳)であった。7例は片頭痛、2例は緊張型頭痛、1例は後頭神経痛であった。10例中2例は著効、6例は有効、2例は無効であった。麻黄附子細辛湯合安中散は三叉神経第1枝領域の痛み並びに後頭神経痛を持つ慢性頭痛に有効であった。

索引用語：麻黄附子細辛湯、安中散、桂姜草棗黄辛附湯、慢性頭痛、TCC

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Effect of the combination of maobushisaishinto and anchusan as a substitute for keikyososooshinbuto on chronic headache

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Abstract: It has been reported that maobushisaishinto is effective in greater occipital neuralgia. However, it has less effect when greater occipital neuralgia is prolonged and extends to the first branch of the trigeminal nerve (V1).

As for the reason when major occipital neuralgia extends to the trigeminal nerve first branch region, a posterior nucleus and nucleus tractus spinalis nervi trigemini of greater occipital nerve C2 are continuing anatomically and physiologically. It is well accepted that the trigeminocervical complex (TCC) is correlated with the mechanism of chronic headache such as migraine. Here, we retrospectively investigated the effect of combined extract of maobushisaishinto and anchusan as a substitute for keikyososooshinbuto on chronic headache related to the TCC. The subjects comprised 10 patients (8 women and 2 men) with repeated chronic headache in the area of V1 and greater occipital nerve (GON) for more than 3 months. The median age was 47 years old (range: 14-78). There were 7 patients with migraine, 2 with tension-type headache, and 1 with vertebral artery dissection. Two of ten cases were excellent, 6 cases were effective, and two cases were invalid. Thus, the combination of maobushisaishinto and anchusan was effective for the chronic headache with pains in the area of the V1 and GON.

Key words: maobushisaishinto, anchusan, keikyososooshinbuto, trigeminocervical complex (TCC), chronic headache

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