

臨 床 経 験

舌痛症に漢方薬が奏効した3症例

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要旨：舌痛症は舌に器質的変化を認めないにもかかわらず、表在性かつ自発性で灼熱感のある疼痛を訴える病態とされる。今回、舌痛を主訴として来院した高齢の男性患者で、舌痛に加えて口渇感のある症例を対象とした。いずれも疼痛の原因となりえる炎症、貧血による舌粘膜症状はみられなかった。八味地黄丸（TJ-7）による治療の結果、2週間以内に舌痛ならびに口渇感の改善がみられた。八味地黄丸は、男性高齢者の舌痛症に対して有用性が高いと考えられた。

索引用語：舌痛症、男性高齢者、八味地黄丸、口渇感、味覚障害

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Three cases of glossalgia successfully treated with kampo medicine “hachimijiogan”

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Abstract: Burning mouth syndrome, glossalgia, is a chronic condition that is characterized by burning syndroms of the oral mucosa without obvious clinical examination findings. We treated 3 elderly male patients complaining of tongue pain and thirst with hachimijiogan (TJ-7). There were no inflammatory signs on the tongue, and mucosal changes due to anemia. The symptoms of the tongue, and thirst were improved within 2 weeks after the beginning of the treatment. Hachimijiogan seems to be useful for elderly male patients complaining of glossalgia.

Key words: glossalgia, elderly male patient, hachimijiogan, thirst, taste disorder

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