

短 報

顎顔面に発生した気滞血瘀による疼痛の2症例

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要旨:健康長寿に直結する養生を語る上で、健康面や Activities of Daily Living (ADL) に障害となる可能性の高いフレイルティ (虚弱) やサルコペニア (筋減弱症) 対策と同様に、口腔機能の維持改善は健康寿命延伸に必須の要件と言え、ペンフィールドの脳地図からも、口の働きの重要性が見て取れる。今回我々は、顎顔面に発生した気滞血瘀による疼痛の2症例を経験したため、その概要を報告する。

索引用語: 顎顔面痛, 気滞, 瘀血

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Two cases of maxillofacial pain due to the stagnation of both vital energy and blood

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Abstract: Maintenance and improvement of the oral cavity function are necessary to extend healthy life expectancy, similar to improve the frailty and sarcopenia those are more likely to affect health aspect and ADL. The importance of the function of mouth is also grasped in the Penfield brain atlas.

We reported the two cases of maxillofacial pain due to the stagnation of both vital energy and blood. Case 1 was the chronic pain due to cold environment. Case 2 was the functional somatic syndrome due to develop a feeling of distrust. Kampo medicines were effective for both mental and physical health.

Key words: maxillofacial pain, stagnation of vital energy, stagnation of blood

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