

短 報

痛みに対するブシ末の使用経験

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要旨：ブシ末は漢方処方調剤に用いられているが、投与の仕方が一定でない。鎮痛効果がみられた30症例につき、ブシ末と併用した漢方薬、ブシ末の開始量、維持量、投与期間、副作用の頻度などにつき検討した。併用薬としては当帰四逆加呉茱萸生姜湯、桂枝加朮附湯が、開始量・維持量はともに0.5gが多かった。真夏にブシ末を投与している例は皆無であった。副作用としては、舌のしびれが1例、動悸が1例、発汗過多が1例あった。ブシ末は、鎮痛作用、温熱作用、新陳代謝賦活作用、強心作用、利尿作用のある漢方薬と併用すると効果があると考えられた。

索引用語：ブシ末、開始量、維持量

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Effects of processed aconite powder on pain

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Abstract: We report 30 cases of pain successfully treated with heat processed aconite powder (bushi-matsu).

Tokishigyakukagoshuyushokyoto and keishikajutsubuto were frequently used together with processed aconite powder. In most cases, processed aconite powder 0.5g/day were given for a starting dose and the maintenance dosage. There was no case given processed aconite powder in midsummer. The side effect was numbness of the tongue, palpitation and abnormal sweating. Processed aconite powder was thought to be effective, when it was combined with kampo medicines with analgesia, hyperthermia effect, metabolism activator action, cardiogenic action or diuretic effect.

Key words: processed aconite powder, starting dose, maintenance dose

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