

原 著

呉茱萸湯が有効性を示す片頭痛患者の臨床的特徴

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要旨：呉茱萸湯を投与した片頭痛症例を responder 群, non-responder 群に分けて, 患者背景の違いについて後方視的に検討した. 対象は 38 人, 年齢 39.6 ± 15.3 歳, 男性 10 人, 女性 28 人, 前兆を伴う片頭痛 14 人, 前兆を伴わない片頭痛 24 人であった. 呉茱萸湯の苦みのため内服できなかつた 2 名は解析から除外した. responder 群 16 人, non-responder 群 20 人であった. 単変量解析では responder 群は視覚前兆, 冷えが有意に多く, 治療前の 4 週あたりの頭痛日数が有意に少なかった. とくに呉茱萸湯が著効する症例はいずれも視覚前兆を伴った. 多変量解析では視覚前兆が唯一の responder の有意な危険因子であった. 視覚前兆を伴う片頭痛に呉茱萸湯を積極的に投与する価値があると考えられた.

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Clinical characteristics of goshuyuto responders with migraine

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Abstract: Clinical characteristics in patients with migraine were examined retrospectively by the division into the responders and non-responders of goshuyuto. The study group was consisted of 38 patients, mean age of 39.6 ± 15.3 years, 10 males and 28 females, 14 with aura and 24 without aura of migraine. Two patients who could not take goshuyuto due to its bitter taste were excluded from the analysis. Finally, 16 responders and 20 non-responders were analyzed. In univariate analysis, the proportions of visual aura and feeling of coldness were significantly greater, and headache days per 4 weeks before the treatment were significantly lower in the responder group. In particular, all complete responders had visual aura without exception. With multivariate logistic regression analysis, visual aura was the only independent predictor in the responder group. Goshuyuto is effective for the prevention of the migraine in patients with a visual aura.

Key words: migraine, goshuyuto, visual aura, feeling of coldness

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