

症 例 報 告

乳がん内分泌治療に合併した多発性関節痛に
漢方治療が著効した 1 症例

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要旨：47 歳女性。乳がんの内分泌療法に合併した多発性関節痛を訴えていた。瘀血状態に気滞・腎虚が合併していると考え、補腎健脾・活血理気を目標に治療したが、関節痛の改善は充分には得られなかった。そこで麻杏薏甘湯を追加して利湿をはかり気の巡りの改善をはかったところ、著効した。瘀血を解消するには単純に駆瘀血剤を使用するのみならず、利湿・気滞の改善によって血流改善をはかることも必要であることが示唆された。

索引用語：乳がん内分泌治療，多発性関節痛，麻杏薏甘湯，漢方治療

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Kampo therapy for multiple arthralgia complicated by endocrine therapy for breast cancer

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Abstract: A 47-year-old female complained of multiple arthralgia complicated by endocrine therapy for breast cancer. Blood stasis associated with “qi stagnation” and asthenia of the traditional kidney function was suspected. Thus, the patient was treated with Kampo medicines for toning kidney and spleen, and regulating blood and qi conditions. However, the improvement of arthralgia was not sufficient. Then, makyoyokukanto was added to improve diuresis to remove wetness-evil and qi circulation, the patients responded well.

This finding indicates that improving the blood circulation by promoting diuretic action to remove wetness-evil and resolving qi stagnation is more effective than a treatment with a single drug for overcoming blood stasis.

Key words: endocrine therapy for breast cancer, multiple arthralgia, makyoyokukanto, kampo therapy, endocrine

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