

## 症 例 報 告

### 当科で過去 1 年間に処方した漢方製剤の臨床的検討

西川 正典\* 井坂 友紀\* 山下 裕介\* 田中 章夫\* 猪田 浩理\*

**要旨：**近年，歯科領域において漢方製剤の有効性が認識され，多くの歯科医療機関で漢方製剤が処方されるようになった．その対象疾患は舌痛症，味覚障害，口腔乾燥症，口内炎などの口腔内科的疾患だけではなく，顎関節症，歯性顎炎，抜歯後の鎮痛などの口腔外科的疾患にも広がっている．当科においても漢方製剤の歯科疾患に対する有効性を認識し，多くの疾患に対して漢方製剤の処方を行っている．当科で実際に処方した漢方製剤は排膿散及湯，黄連解毒湯，加味逍遙散，葛根湯，桔梗湯，桂枝加朮附湯，柴胡加竜骨牡蛎湯，柴朴湯，十全大補湯，白虎加人參湯，麦門冬湯，八味地黄丸，半夏厚朴湯，半夏瀉心湯，補中益氣湯，抑肝散，立効散，茵陳蒿湯の 18 種類であった．今回，われわれは 2014 年 1 月～12 月の 1 年間に当科で処方した上記の漢方製剤について臨床的検討を行い，その概要を報告する．

**索引用語：**漢方製剤，歯科口腔外科，臨床的検討

### PAIN AND KAMPO MEDICINE Vol.26 (2016)

**Clinical analysis of Kampo medicines which were used in dental practice department of one year**

Masanori NISHIKAWA\*, Yuki ISAKA\*, Yusuke YAMASHITA\*, Akio TANAKA\* and Hirosato INODA\*

**Abstract:** Recently, effectiveness of Kampo medicines had been recognized and they came to be prescribed commonly in many dental practice departments. The target disease of Kampo medicines are not only oral medical diseases such as glossodynia, dysgeusia, xerostomia, stomatitis but also oral surgical diseases such as temporomandibular disorder, jaw inflammation, pain after extraction of tooth. Eighteen kinds of Kampo medicines (hainosankyuto, orenge dokuto, kamishoyosan, kakkonto, kikyoto, keishikajutsubuto, saikokaryukotsuboreito, saibokuto, juzendaihoto, byakkokaninjinto, bakumondoto, hachimijogan, hangekobokuto, hangeshasinto, hochuekkito, yokukansan, rikkosan, inchinkoto) are used in our clinic. In this paper, the clinical analysis of the clinical data using kampo medicines of 2014 from January to December were reported.

**Key words:** kampo medicines, oral and maxillofacial surgery, clinical analysis

\* Department of Oral and Maxillofacial Surgery, Kyoto Second Red Cross Hospital

Offprint requests to: Masanori NISHIKAWA, Department of Oral and Maxillofacial Surgery, Kyoto Second Red Cross Hospital.

355-5 Haruobi-cho, Marutamachi-Agaru, Kamanza-dori, Kamigyō-ku, Kyoto 602-8026, Japan