

症 例 報 告

婦人科腫瘍治療既往のある難治性の下肢痛・しびれに
疎経活血湯が奏効した8症例

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要旨：婦人科腫瘍治療既往のある患者で治療後頑固な下肢痛やしびれを訴える8症例に対して疎経活血湯が奏効したため報告する。8症例の年齢は52歳(43-89歳)、診断は子宮頸がん5例、子宮体がん2例、子宮筋腫1例。治療は広汎子宮全摘術1例、準広汎子宮全摘術1例、単純子宮全摘術5例、放射線治療1例で、5例は骨盤リンパ節郭清術が施行され、術後に化学療法3例、放射線療法1例、化学放射線療法1例施行された。うち2例は術直後より発症し、5例は全治療終了後3ヵ月後から5年後まで、1例は術後10年後に発症した。有症状期間は6ヵ月間(1-27ヵ月間)で、疎経活血湯投与1ヵ月後の効果判定でNumerical rating scale, NRS) 1は5例、NRS3が2例、NRS5が1例であった。婦人科手術や放射線治療は東洋医学的には慢性的な瘀血、水毒の状態と考えられる。疎経活血湯は駆瘀血剤、利尿剤、抗炎症鎮痛剤などがバランスよく配合され、治療後の下肢痛やしびれに有効と考えられた。

索引用語：下肢痛, 下肢しびれ, 婦人科手術, 疎経活血湯, 婦人科腫瘍

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Eight cases of serious leg pain after surgery successfully treated with sokeikakketsuto

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Abstract: We demonstrated that 8 cases of leg pains or numbness after gynecological surgery who had not responded to any western medicines were treated effectively with sokeikakketsuto. Five cases were the patients with cervical cancers. Two of them were endometrial cancers, and one was a uterine myoma. The patients were aged between 43 and 89 years old (median: 52). Seven patients underwent hysterectomy and one underwent radiotherapy. The symptoms of seven cases were occurred within 5 years after the treatment and they had been suffered from them for 1-27 months (median: 6). In five cases, their symptoms were disappeared rapidly within one week after the sokeikakketsuto treatment. Sokeikakketsuto has been reported to improve blood flow and have analgesic effects, so it may be used for treating patients with postoperative leg pains or numbness.

Key words: leg pains, leg numbness, gynecological surgery, sokeikakketsuto, gynecological tumor

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