

症 例 報 告

眼症状やレイノー症状など多彩な症状を伴う脳幹梗塞後の 下肢疼痛に抑肝散合桂枝茯苓丸が有効であった1症例

下村 裕章^{*1,*2} 浮村 聡^{*2}

要旨：脳梗塞後の疼痛は、拘縮などに伴う末梢性疼痛と中枢性疼痛に大別されるが、中枢性疼痛はしばしば治療抵抗性である。今回脳梗塞後の下肢疼痛に抑肝散が有効であった1症例を経験したので報告する。患者は77歳男性。X-4年に脳幹（橋）梗塞を発症した。右不全片麻痺の他、右足関節から足趾にかけての疼痛、右手のしびれ感、さらに両眼のまぶしさや両足第三趾のレイノー症状などの多彩な症状を訴えた。両下肢の冷えを自覚しており、寒冷刺激により疼痛は増悪した。X年に漢方治療を求めて紹介となった。非常にいらいら感が強かったため抑肝散（TJ-54）7.5g/日と瘀血所見より桂枝茯苓丸（TJ-25）5.0g/日を投与した。2週後、足趾のレイノー症状は消失し、両眼のまぶしさは改善傾向となった。6週後、下肢の疼痛と手のしびれ感は著明に改善し、表情も非常に穏やかで笑顔がみられるようになった。3ヵ月後、下肢の疼痛と手のしびれ感はほぼ消失した。

索引用語：脳梗塞、抑肝散、慢性疼痛

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Effectiveness of Yokukansan in a patient with pontine infarction complaining of feet pain, and besides various symptoms such as glaring and Raynaud's phenomenon

Hiroaki SHIMOMURA^{*1,2} and Akira UKIMURA^{*2}

Abstract: The patient has suffered from duodenal cancer and liver metastasis four years ago. He developed pontine infarction about four months later after abdominal surgery. Thereafter, he has complained of right feet ache in addition to right sided hemiparesis. He also complained of glaring, numbness of the left hand and Raynaud's phenomenon of bilateral legs. Treatment with several eastern drugs had been not effective. Therefore he consulted us to wish treatment with western medicine. At first, it seemed he was so angry because he always raised his voice in anger for his wife. Therefore Yokukansan was chosen for his irritability and additionally Keishibukuryogan was prescribed because of static blood finding. Six weeks later his painful symptoms improved, and both glaring and Raynaud's phenomenon were resolved. In this case it is considered that the mainly effective drug was Yokukansan, and it may be also effective for post-stroke pain.

Key words: cerebral infarction, Yokukansan, chronic pain

*¹ Shimomura Clinic of Internal Medicine

Offprint requests to: Hiroaki SHIMOMURA, Shimomura Clinic of Internal Medicine.

9-5 Fujinosato-cho, Takatsuki, Osaka 569-0025, Japan

*² General Medicine, Osaka Medical College