

症 例 報 告

脳腸相関から見た女性関連疾患の慢性痛に対する漢方治療

清水正彦*

要旨：脳腸相関は、脳と腸が機能的な側面で関連を持っていることを示している。女性関連疾患にまつわる慢性痛に対する漢方治療の根幹は、脾胃、即ち消化管機能を回復させ、深部体温の乱れを整復し、気の流れを円滑にし、交感神経過剰緊張による循環不全を是正し、エストロゲンやプロゲステロンなどの卵巣ホルモンの影響を勘案しながら治療に臨むことが肝要である。また、腸管環境のコントロールが慢性疼痛の治療の鍵であると思われ、脾胃を整える漢方製剤が要剤となる可能性がうかがわれた。

索引用語：脳腸相関、慢性痛、女性関連疾患

PAIN AND KAMPO MEDICINE Vol.26 (2016)

Kampo therapy for chronic pain of the female associated diseases those were examined from the viewpoint of the brain-gut interaction

Masahiko SHIMIZU*

Abstract: Brain-gut interactions constitute the functional connection between brain and bowel. Basic principle of kampo therapy for chronic pain induced by the diseases with obstetrics and gynecology is as follows, adjusting the digestive functions (hi-i), the regulating of the depth's temperature and improving the insufficiency of the blood circulation due to the excessive excitation of sympathetic nervous system etc. Furthermore, it is important to cure while taking the effect of ovarian hormones (estrogen, progesterone) into consideration. Also the bowel environment control causes the chronic pain improvement. In other words, the possibility that the administration of kampo medicines which improved the digestive function was involved in the improvement of the pain was thought about.

Key words: brain-gut interactions, chronic pain, diseases with obstetrics and gynecology

* Shimizu Clinic

Offprint requests to: Masahiko SHIMIZU, Shimizu Clinic.
7454-1 Takeocho tomioka, Takeo, Saga 843-0024, Japan