

短 報

神経ブロックの効果が持続しない頸肩腕痛に 漢方薬が奏効した1症例

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要旨：神経ブロックの効果が持続しない頸肩腕痛に漢方薬が奏効した1症例を経験したので報告する。症例は47歳女性。主訴は強い左頸部・肩甲部・上腕痛であった。神経ブロックの反応性が悪くまた症状も強いため内服薬の調節を同時に進めていこうとしたが、以前より鎮痛薬、鎮痛補助薬による副作用が出やすく内服調整がしにくい状態であったことより漢方内科対診とした。桂枝湯、真武湯処方により痛みは消失した。漢方薬により体を温めたことが本症例の痛みに対して著効した。

索引用語：桂枝湯、真武湯、神経ブロック

PAIN AND KAMPO MEDICINE Vol.26 (2016)

A case that Kampo medicines succeeded in a block refractory
neck shoulder arm ache
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Abstract: An effective case was experienced that Kampo medicines succeeded in a nerve block refractory neck shoulder arm ache. The case was a 47 years old woman. The main complaint was a strong left neck, scapular and upper arm ache. The reactivity to the nerve block was poor and the pain was strong. The adjustment with the oral medicine was thought, but Kampo internal medicine was introduced because the side effect of pain-killers was easy to come out than before. When keishito and shinbuto were administered, the pain was disappeared. Having warmed the body by the treatment with Kampo medicine was the cause of the complete response in this case.

Key words: keishito, shinbuto, nerve block

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