

症 例 報 告

しびれに対して漢方薬が有効であった2症例

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要旨：しびれは治療に難渋することが多く慢性化することが多い。「金匱要略」では黄耆桂枝五物湯がしびれに対して効果があるとされている。黄耆桂枝五物湯の方意としてエキス剤の桂枝加黄耆湯がしびれに有効であった2症例を報告する。【症例1】73歳女性。腰部脊柱管狭窄症手術後の腰痛および両下肢のしびれ・疼痛に対して西洋医学的治療を行ったが症状が改善しなかった。アミトリプチリン10mg、分1/日、当帰四逆加呉茱萸生姜湯(TJ-38)7.5g、分3/日を処方し痛みは改善したが、しびれは残存した。桂枝加黄耆湯(TY-26)6g、分3/日を追加したところ、3ヵ月後にはしびれは改善した。【症例2】80歳男性。腰部脊柱管狭窄症に対して西洋医学的内服薬で治療されていたが症状が改善しなかった。硬膜外ブロックを10回ほど施行し、痛みは軽減したがしびれが残存した。桂枝加黄耆湯(TY-26)6g、分3/日を処方したところ、1ヵ月後にはしびれは改善した。

しびれの訴えに桂枝加黄耆湯の効果があることが示唆された。

索引用語：しびれ、黄耆桂枝五物湯、桂枝加黄耆湯

PAIN AND KAMPO MEDICINE Vol.27 (2017)

Two patients with numbness are successfully treated with Kampo medicine

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Abstract: Numbness is often continuing a long time and it is difficult to alleviate with therapy of Western medicine. We report two cases of numbness that is alleviated with ogikeishigomotsuto. [Case 1] A 73-year-old woman was treated with Western medicine for low back pain and both lower extremities numbness. However, her symptoms did not improve completely by the surgery for lumbar spinal canal stenosis. Ten mg/day of amitriptyline, 7.5g/day of tokishigyakukagosyuyusyokyoito was useful for alleviate her low back pain, but her numbness were remained. Therefore, we added 6g/day of keishikaogito and her numbness was improved after 3 months. [Case 2] An 80-year-old man had been treated the lumbar spinal canal stenosis with Western medicine, however, his symptoms did not improve. We performed 10 times of lumbar epidural block. Although his pain was alleviated after nerve block, his numbness was remained. Therefore we administrated 6g/day of keishikaogito and his numbness decreased about 50% after 1 month.

We concluded that ogikeishigomotsuto and its related herbal medicine may be effective to alleviate the intractable numbness.

Key words: numbness, ogikeishigomotuto, keishikaogito

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