

## 症 例 報 告

# 直腸切断術後の肛門部痛に漢方が奏効した 1 症例

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**要旨**：82 歳，男性．膀胱癌に対して膀胱全摘，直腸切断術を受けた．その後から（旧）肛門部が痛く，整形外科などで投薬を受けるが改善なく，当科紹介，受診した．手術による陰部神経障害が原因と考えて，牛車腎気丸と駆瘀血剤として乙字湯を合方したところ奏効した．陰部神経ブロックを併用することで疼痛の改善が早くなった可能性はあるが，3 ヶ月悩んだ肛門部痛が漢方治療 1 ヶ月ではほぼ改善し，3 ヶ月後には陰部神経の圧痛も完全に消失し，廃薬し得た．慢性肛門部痛の症例において乙字湯は治療の選択肢になりうると考えられた．

**索引用語**：慢性疼痛，肛門部痛，神経因性骨盤臓器症候群，漢方

## PAIN AND KAMPO MEDICINE Vol.27 (2017)

**A Case of Successful treatment with Kampo Medicine for Anal Pain After Abdominoperineal Resection.**  
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**Abstract**: 82 years old male patient, who received bladder and abdominoperineal resections, had sever anal pain science the operation. He administered NSAIDs, but his anal pain continued 3 months. His anal pain seemed to be caused by the pudendal neuralgia and I prescribed gosityajinkigan and otsujito. The pudendal nerve blocking shown additional effect, Kampo medicine allowed anal pain reduction at a month, and finally, pudendal neuralgia improved after three months. Otsujito would be a promising candidate for chronic anal pain.

**Key words**: chronic pain, anal pain, neurogenic intrapelvic syndrome, Kampo medicine

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