

症 例 報 告

## 肝気鬱結による男性の体幹部慢性痛に 加味逍遙散が有効であった2症例

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**要旨：**肝気鬱結（肝鬱）は肝の疏泄が鬱滞した状態であり様々な臓腑の症状を引き起こす。特に気滞が生じた部位には張って苦しい痛みが生じることが多い。今回、我々は肝気鬱結にともなう体幹部の慢性痛患者で肝鬱化火や血瘀を伴った症例に対し加味逍遙散を処方したところ良好な結果を得られたので報告する。

**索引用語：**肝気鬱結, 男性, 加味逍遙散, 側胸部痛, 慢性疼痛, ストレス

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**The two male cases that kamishoyosan was effective for chronic trunk pain caused by liver qi stagnation.**

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**Abstract:** Liver qi stagnation can cause various organ disfunctions. Especially in areas where qi stagnation occurs, pain by the distention often occurs. In this paper, we report two cases that kamishoyosan was effective for male patients who had lateral or dorsal thoracic chronic pain caused by liver qi stagnation accompanied with liver fire heat or blood stasis.

**Key words:** Liver qi stagnation, male, chronic pain, lateral thoracic pain, kamishoyosan, stress

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