

## 症 例 報 告

## 持続性特発性歯痛に対して漢方薬が奏効した 1 症例

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**要旨：**難治性の口腔内の痛みに対して、漢方薬が奏効した症例を報告する。症例は49歳女性。症状は下顎右側の激しい自発痛として出現し、痛みのため下顎右側第一小白歯および第一大臼歯を抜去したが痛みは改善せず、東京医科歯科大学歯学部附属病院ペインクリニックを受診した。初診時激しい痛みとそれに伴う気分不快、呼吸困難を訴えたが、立効散の含嗽および抑肝散の内服で痛みは軽減した。本症例では下顎の持続性の自発痛とそれに伴う強い不安があり、抑肝散の鎮静、鎮痛作用が奏効したと考えられる。以上により口腔内の難治性の痛みに対して抑肝散が有効である可能性が示された。

**索引用語：**特発性歯痛、難治性疼痛、抑肝散、立効散

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## A case of Kampo treatment for persistent idiopathic facial pain

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**Abstract:** Effect of Kampo medicine on an intractable pain in oral cavity was studied. The patient was 49-year-old woman with a severe spontaneous pain of the right side of her mandible. The mandibular right first premolar and first molar had been extracted before she visited Tokyo Medical and Dental University Dental Hospital pain clinic, but the mandibular pain was not improved. At her first visit, she complained of a sharp pain with physical deconditioning and difficulty of breathing. The pain was relieved by gargling with Rikkousan (TJ-110) and oral administration of Yokukansan (TJ-54). In this case, the patient had a spontaneous pain of mandible with a strong anxiety and it was considered that the sedative and analgesic effect of Yokukansan had responded to the symptoms. Therefore, it was suggested that Yokukansan should be effective in the treatment of an intractable pain in oral cavity. The pain was relieved by rikkousan gargling and yokukansan oral administration. In this case, patient had a spontaneous pain of mandible with a strong anxiety, it considered sedative and analgesic effect of yokukansan had responded to the symptoms. Therefore it was suggested that yokukansan should be effective in intractable pain in the oral cavity.

**Key words:** persistent idiopathic facial pain, intractable pain, yokukansan, rikkousan

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