

症 例 報 告

原因不明の術後の腹痛に桂枝加芍薬湯が奏効した 1 症例

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要旨：西洋医学的諸検査で原因を特定できなかった鼠径ヘルニア術後の腹痛に対して漢方治療が奏効した症例を経験した。症例は82歳の男性で、腹痛を主訴として当科を受診した。血液検査・腹部エコー・腹部CT検査にて異常所見は認めず、除外診断により過敏性腸症候群と思われた。東洋医学的に診断し、主訴の腹痛と腹診での強い腹直筋攣急を重視して桂枝加芍薬湯エキスを投与した。内服開始約1週間後より、便通の改善とともに腹痛の改善をみた。諸兄からのこれまでの報告にもあるとおり、桂枝加芍薬湯は腹痛を主訴とする過敏性腸症候群の腹部症状の改善に有効であると思われる。

索引用語：腹痛, 桂枝加芍薬湯, 腹診

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Successful treatment with keishikashakuyakuto for a patient suffering from postoperative abdominal pain.

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Abstract: I experienced a case in which Kampo therapy responded to the abdominal pain after inguinal hernia surgery which could not be identified by western medical examination. Patient was an 82-year-old male. He visited to our hospital with chief complaint of abdominal pain. Abnormal findings were not observed in blood test, abdominal echo and abdominal CT examination. We examined him by a method of Kampo medicine and we considered that abdominal pain of chief complaint and strong abdominal muscle tension is important. We prescribed keishikashakuyakuto. About one week after administration, improvement of bowel movements and reduce of abdominal pain were observed.

As reported in previous reports, keishikashakuyakuto is thought to be effective for improving the abdominal symptoms of irritable bowel syndrome with chief complaint of abdominal pain.

Key words: abdominal pain, keishikashakuyakuto, abdominal examination

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