

症 例 報 告

抑肝散が奏効した非定型歯痛の1症例

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要旨：30歳代女性の非定型歯痛に対し、抑肝散単独で著効を示し、痛みが消失した1症例を報告する。4年前、歯の矯正の保定装置装着直後に両側上顎臼歯に間欠的な冷温水痛を自覚した。以後4軒の歯科にてさまざまな歯科治療を受けたが、症状に変化なく、当科を受診した。非定型歯痛と診断し、抑肝散を開始したところ、1週間で効果を認め、9ヵ月後には症状が消褪し抑肝散を離脱した。その後、補綴治療が施行されたが、再燃傾向なく経過良好である。

索引用語：非定型歯痛，抑肝散，漢方

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A case of atypical odontalgia successfully treated with Yokukansan
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Abstract: We report a case of a woman aged 30s with atypical odontalgia who showed remarkable response to treatment with kampo medicine yokukansan, resulting in disappearance of the pain. She had felt intermittent cold and warm water ache in her maxillary molars on both sides immediately after wearing the orthodontic retainer since four years prior. Although she received treatment at four dental clinics, her symptoms persisted and she was referred to our department by the fourth clinic. She was diagnosed with atypical odontalgia and treated with yokukansan. Her toothache improved in 1 week and disappeared after 9 months, yokukansan was subsequently discontinued. After that, though prosthetic treatment of the same site was performed, her clinical course has been good with no recurrence.

Key words: atypical odontalgia, Yokukansan, kampo medicine

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