

症 例 報 告

臀部軟部腫瘍摘出術後痛に対し 東洋医学的加療を試みた1症例

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要旨：手術侵襲によりさまざまな痛みが発生するが、術後痛とされる痛みの生理学的基盤は十分に解明されておらず、特異的もしくは確実な治療法も存在しない。今回、東洋医学的加療により日常生活レベルの向上が認められた臀部軟部腫瘍摘出術後痛の1症例を経験したので報告する。症例は40歳代女性。約1年前に右臀部軟部肉腫に対し腫瘍広範切除を受けた。術後、創部および周辺に術前とは異なる痛みが持続し、各種鎮痛剤を服用も奏効せず、生活の質（QOL）が低下しているとして紹介受診した。治打撲一方エキスと加工ブシ末、後に四物湯エキスを加え visual analogue scale（VAS）や face scale の改善は認めたが、経過中増悪することもあったため、処方変更とともに鍼治療を併用した。鍼治療併用の効果は明らかに認められ、漢方処方も固定できるようになった。治打撲一方と四逆散エキスに加工ブシ末を併用することで車の運転や外出可能な日が増え、QOLの改善傾向や症状の安定を認めている。

索引用語：漢方、鍼治療、術後痛、軟部腫瘍、治打撲一方

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Kampo medicine and acupuncture therapy relieved postoperative pain of patient with buttock soft tissue tumor: a case report.

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Abstract: Physiological basis of postoperative pain is not determined sufficiently, its curative care is not established other than symptomatic treatment. We experienced effective treatment with Kampo medicine and acupuncture therapy for a patient who suffered from postoperative pain after surgery of buttock. A female in their 40s had had surgery in her right buttock according to soft tissue tumor. She had been complained of pain after surgery. Characteristic of the pain was obviously different from pain before surgery, several analgesics were not effective for symptom and her quality of life (QOL) was decreased. We prescribed her with extract of jidabokuippo and tablets of aconite, added shimotsuto extract later. Though her Visual Analogue Scale and Face Scale were improved, sometimes the pain was exacerbated during the course. Then, we changed Kampo prescription and added acupuncture therapy. Clear effect of treatment was observed. Her QOL has been improved than before by treatment which is combination of acupuncture and Kampo formulas, jidabokuippo and shigyakusan extracts with tablets of aconite.

Key words: Kampo, acupuncture, postoperative pain, soft tissue tumor, jidabokuippo

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