

症 例 報 告

腰部脊柱管狭窄症由来と思われた腰痛および 下肢痛に疎経活血湯加味方が奏効した 1 症例

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要旨：腰部脊柱管狭窄症由来と思われた腰痛・下肢痛に対して疎経活血湯加味方が奏効した 1 症例を報告する。症例は 60 歳代男性。腰痛・下肢痛に対して他院で西洋医学的に保存的治療を受けたが改善しなかった。腰痛・下肢痛は腰部脊柱管狭窄症由来と考えられ、東洋医学的所見から疎経活血湯を基軸とした随証的治療を行い改善した。脾虚を合併している腰部脊柱管狭窄症由来と思われた腰痛・下肢痛に対して疎経活血湯加味方の有用性が示唆された。

索引用語：腰部脊柱管狭窄症，疎経活血湯，腰痛，下肢痛，漢方

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A case of successful treatment using sokeikakketsuto combined with another Kampo formula for the low back pain and lower limb pain caused by lumbar spinal canal stenosis.

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Abstract: A case of successful treatment using sokeikakketsuto combined with another Kampo formula for the low back pain and lower limb pain caused by lumbar spinal canal stenosis. The patient was male in sixties. Although another doctor treated him with conservative treatment at another clinic, his symptoms had been not improved. The symptoms seemed to be caused by lumbar spinal canal stenosis. We prescribed combination of sokeikakketsuto and another Kampo formula to this patient according to Kampo examination, therefore his symptoms were improved. This example suggested the usefulness of a method to add Kampo formula to sokeikakketsuto for the lower leg pain and lower limb pain caused by lumbar spinal canal stenosis with gastrointestinal hypofunction.

Key words: lumbar spinal canal stenosis, sokeikakketsuto, low back pain, lower limb pain, kampo

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