

## 症 例 報 告

持続性特発性顔面痛・特発性歯痛に対して  
漢方薬が奏効した1症例

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**要旨：**持続性特発性顔面痛・特発性歯痛に対して補中益気湯と当帰芍薬散が奏効した症例を経験した。症例は70歳代女性で、下顎前歯部の難治性疼痛があり、歯科治療にも抵抗性があるため当科を受診した。東洋医学的に気血両虚、寒証、気鬱と診断し、補中益気湯7.5gと当帰芍薬散7.5gを併用し投与したところ、約2週でVASおよび口腔粘膜の平均表面温度の改善がみられ、3ヵ月で軟口蓋の挙上運動が良好となり、改善が認められた。持続性特発性顔面痛・特発性歯痛に対しては、冷えが関与する場合もあり、補気・補血による温裏、補陽を考えた方剤も有効な治療法の一つと考えられた。

**索引用語：**持続性特発性顔面痛、特発性歯痛、気血両虚、寒証

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## A case of kampo treatment for atypical face pain, atypical odontalgia

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**Abstract:** We successfully treated a case of atypical face pain and atypical odontalgia using hochuekkito (HET) and tokishakuyakusan (TSS). The patient was a female in her 70s suffering from chronic pain of mandibular anterior teeth. It was difficult to heal her pain with normal dental treatment. We diagnosed as cold pattern, the deficiency of qi and blood and qi stagnation. She was treated with HET and TSS.

Approximately 2 weeks later, VAS and average surface temperature of oral mucosa was improved. About 3 months later, the movement of soft palate was improved and aspiration was decreased. In the case of atypical face pain and atypical odontalgia, the condition of disease was sometimes involved in the cold pattern. We considered that it is so useful to treat the atypical orofacial pain of cold pattern, qi and blood deficiency with HET and TSS.

**Key words:** atypical face pain, atypical dental pain, hochuekkito (HET), tokishakuyakusan (TSS), the deficiency of the vital energy and blood function, cold pattern

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