

症 例 報 告

漢方薬が奏効した三叉神経痛と舌咽神経痛の1症例

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要旨：漢方薬で症状が改善できた三叉神経痛と舌咽神経痛を併発した症例を経験したので報告する。症例は70歳代女性。主訴は右下顎痛と嚥下時痛であった。

10年前から三叉神経痛でカルバマゼピン服用していた。X年8月痛みが増強し、飲水も出来ないため、翌日A大学神経内科受診し、カルバマゼピンを増量された。歯科口腔外科、耳鼻科、脳神経外科を受診しても特に異常なく、MRIで明らかな神経圧迫所見はなく、手術適応はないと診断された。カルバマゼピン増量によりふらつきの症状が出たため、X年9月上旬当科紹介受診となる。五苓散・通導散を処方し、5日目にカルバマゼピン半量に減量しても、呑み込めるようになった。3週間後痛みはほとんどなくなり、7週後カルバマゼピン服用なしでも痛みなく経過良好であった。カルバマゼピンで疼痛コントロールできない三叉神経・舌咽神経痛に五苓散と通導散の併用が著効した。

索引用語：三叉神経痛，舌咽神経痛，漢方薬，五苓散，通導散

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Successful treatment with Kampo medicine in a patient of trigeminal neuralgia with glossopharyngeal neuralgia

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Abstract: We reported a case of woman in her seventies suffering from trigeminal neuralgia with glossopharyngeal neuralgia. She had been taken carbamazepine against trigeminal neuralgia for 10 years. Sharp pain with the right lower mandibular and throat reinforced suddenly in early August. Three days later, she could not drink water because of continuous severe pain. She visited an outpatient department of neurology of a university hospital the following day. She was diagnosed as trigeminal neuralgia with glossopharyngeal neuralgia therefore prescribed double dose of carbamazepine. Although she was examined by doctors of dental oral surgery, otolaryngology and a neurosurgery, there were no clear abnormality. Her MRI findings did not have the abnormality either.

She visited our hospital because of continuous pain and dizziness which is the side effect of carbamazepine increment. After Japanese traditional medical examination, we prescribed both goreisan and tsudosan. Five days after taking these kampo medicine, she felt less pain and could swallow water with a half dose of carbamazepine. Seven weeks later, she felt no pain without carbamazepine. Kampo medicine (goreisan, tsudosan) successfully decreased pain intensity on trigeminal neuralgia with glossopharyngeal neuralgia.

Key words: trigeminal neuralgia, glossopharyngeal neuralgia, kampo medicine, goreisan, tsudosan

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