

臨 床 経 験

五苓散と加工附子末製剤の併用が奏効した
三叉神経痛の1症例桃田幸弘^{*1,*2} 高野栄之^{*2} 可児耕一^{*1} 東 雅之^{*1,*2}

要旨：五苓散と加工ブシ末製剤の併用が奏効した三叉神経痛の1症例を経験した。患者は50歳代・女性、右側上顎歯肉の発作性電撃痛を主訴に来院した。右側三叉神経痛（第Ⅱ枝）の臨床診断下にカルバマゼピンにて管理されていたが、近医にて慢性C型肝炎を指摘され、肝保護の点から薬剤変更を依頼された。これら二剤を併用し、症状は緩解した。特記すべき有害事象は認められなかった。Short Form-8 Health Surveyによる評価では健康関連QOLが向上した。したがって、本疾患に対するこれら二剤併用の有用性が示唆された。

索引用語：五苓散, 加工ブシ末製剤, 三叉神経痛

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Trigeminal Neuralgia Well-Treated with Concomitant Goreisan and Powdered Processed Aconite Roots: A Case Report

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Abstract: We report the case of a patient with trigeminal neuralgia who we successfully treated with concomitant goreisan (an herbal Kampo medicine) and powdered processed aconite roots (PA). The patient was a fifty-something female who visited our hospital due to an attack of right upper gingival pain. Although this pain was then controlled by treatment with carbamazepine, the patient was also revealed to have chronic hepatitis C; her primary care physician therefore requested that the carbamazepine was changed in order to avoid drug-induced liver damage. The administration of concomitant goreisan (7.5g/day) and PA (0.5g/day) remarkably relieved the patient's pain: her score on a visual analogue scale representing pain intensity decreased after this treatment was initiated. Significant adverse events did not occur. The goreisan and PA treatment also improved the patient's health-related quality of life (HRQoL) score on the Short-Form 8 (SF-8) health survey. This concomitant medication may thus be useful for the treatment of trigeminal neuralgia.

Key words: Goreisan, Powdered processed aconite roots, Trigeminal neuralgia

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