

症 例 報 告

漢方薬が奏効した陰部痛 2 症例

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要旨：漢方薬が奏効した陰部痛 2 症例を経験したので報告する。

症例 1：50 歳代 男性。主訴：下腹部から陰部に電気が走るような痛みと右手のこわばり。X 年 4 月中旬腰痛後、下腹部から陰部に発作的なびりびりした痛みがでるため 5 月下旬当科受診された。抑肝散加陳皮半夏、疎経活血湯を処方し、1 週間後痛みが完全に消失し、右手のこわばりも改善したため、同処方を 2 週間処方し終診とした。症例 2：70 歳代 男性。主訴：陰部痛。座位や歩行で痛みが増強（NRS6～7）。X-3 年 12 月睪丸と肛門の間に痛みが出現した。CT 検査で異常なく、原因不明で症状も改善しないため、X 年 7 月下旬受診となる。牛車腎気丸、治打僕一方を処方し、1 週間後少し痛みが楽になり、継続処方とした。1 ヶ月後、歩行時痛が軽減し、運動が可能となった。6 ヶ月後ほぼ痛みなくなるまで改善した。結語：駆瘀血剤を主体とし、証に合わせた漢方療法で有効な結果が得られた。

索引用語：陰部痛，漢方薬，駆瘀血剤，腎虚，気の異常

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Two Cases of Vulvodynia in which Kampo Medicine Responded

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Abstract: We report two cases of vulvodynia which were treated successfully by Kampo medicine. Case 1: The patient is a male in his 50s. One month after suffering from lumbago, he experienced pain that electricity ran from the belly to the pudenda, and he visited our hospital. He complained that there was also stiffness on his right hand. After medicine examination of Kampo medicine, he was prescribed both of sokeikakketsuto and yokukansankachimpihange. One week after taking these Kampo medicine, his pain completely disappeared and stiffness of the right hand improved. Case 2: The patient is a male in his 70s. He was suffering from sharp pain between testicle and an anus for 3 years. The pain was reinforced by walking and sitting position. After detailed examination including CT, the cause of pain was unknown at several hospitals. He visited our hospital because of walk disturbance due to vulvodynia. After medicine examination of Kampo medicine, he was prescribed both of jidabokuippo and goshajinkigan. One week after taking these Kampo medicine, he felt less pain. After one month, he could walk without severe pain. After six months, his pain was diminished almost completely. Sokeikakketsuto and jidabokuippo are said to improve blood stagnation. Effective results for vulvodynia were obtained when these medicines were prescribed by Kampo medicine method.

Key words: Vulvodynia, Kampo medicine, Kuoketsuzai, Jinkyō, Abnormality of Ki.

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